

Kjustendilska Racenica

(Bulgaria)

Notes by Andrew Carnie

This is the most famous of the Racenicas.

Rhythm, 7/8 (QQS)

Formation. Open circle, hands down.

Note that the dance phrases and the musical phrases do not match up!

LOD= line of direction (counter clockwise)

RLOD= Reverse Line of direction (clockwise)

Bar 1 Start facing RLOD (CW), but will be moving LOD (CCW), Hop on L (Q) Step on R backwards (in LOD) (Q) step on L backwards (in LOD) (Q)

Bar 2 Repeat bar 1, continuing backwards in LOD.

Bar 3 Turn to face LOD, continue moving LOD, step R forward (Q), step L forward (Q) step R forward (S)

Bar 4 Repeat bar 4 opposite footwork but continuing LOD.

Bar 5 step R (QQ) lift Left (S) facing center

Bar 6 hop on R (Q) step L to L (RLOD) (Q), cross R in front of L (S)

Bar 7 Hop on R (Q) step L to L (Q) cross R behind L (S)

Bar 8 Step on L to L facing center (QQ) lift R (S)

Bar 9 Point R directly forward, turning body to face RLOD, no weight (QQ), step on R next to left (S)

Bar 10 Point L directly forward, turning body to face RLOD (QQ) step on L next to Right

(hands may be raised to point towards center of circle on bars 9-10)

Repeat from beginning

Words to *Ogrejala Mesecina* (this music is originally from Macedonia)

/Ogrejala mesecina sek'erna/

/Ne mi bila mesečina sek'erna/

/Tuk mi bila maloј mome ubavo/

/Poranilo za vodica studena/

Chorus:

/Aleno galeno dragaj duso medena/